

# Plant-Based Weekly Menu

Spring/Summer



1

Monday

**Margherita Pizza (with Vegan Cheese)**

with Potato Wedges

or

Chinese-Style Plant Balls with Steamed Rice (Ve)

or

Jacket Potato with Baked Beans **and/or Vegan Cheese**

served with Mixed Salad

**Homemade Summer Berry Cupcake**

Tuesday

Jacket Potato with Baked Beans **and/or Vegan Cheese**

served with Peas and Sweetcorn

**Iced Fruit Smoothie**

Wednesday

**Homemade Vegan Cheese and Potato Pie with Gravy**

or

Jacket Potato with Baked Beans **and/or Vegan Cheese**

served with Carrots and Green Beans

**Homemade Cocoa Cake with Orange Wedges**

Thursday

**BBQ Loaded Bean Bake (with Vegan Cheese)**

or

Jacket Potato with Baked Beans **and/or Vegan Cheese**

served with Mixed Vegetables

Fruit Jelly

Friday

Garden Vegetable Goujons and Chips

or

Jacket Potato with Baked Beans **and/or Vegan Cheese**

served with Peas **or** Baked Beans

Lemon Shortbread with Melon Wedge

Week One: 13 Apr | 4 May | 1 Jun | 22 Jun | 13 Jul | 14 Sep | 5 Oct — Fresh Fruit Available Daily

2

Monday

**Margherita Pizza (with Vegan Cheese)**

with Tomato Pasta

or

Vegetable Curry with Steamed Rice (Ve)

or

Jacket Potato with Baked Beans **and/or Vegan Cheese**

served with Sweetcorn

Fresh Fruit Platter

Tuesday

**Vegan Cheese and Tomato Pasta Bake**

or

Jacket Potato with Baked Beans **and/or Vegan Cheese**

served with Mixed Vegetables

Marble Shortbread

Wednesday

**Plant Sausages with Mashed Potato and Gravy**

or

Jacket Potato with Baked Beans **and/or Vegan Cheese**

served with Carrots and Peas

Summer Berry and Apple Slice

Thursday

**Vegetarian Enchilada (with Vegan Cheese)**

with Potato Wedges

or

Jacket Potato with Baked Beans **and/or Vegan Cheese**

served with Mixed Salad

**Homemade Orange Cupcake**

Friday

**Garden Vegetable Goujons and Chips**

or

Jacket Potato with Baked Beans **and/or Vegan Cheese**

served with Peas **or** Baked Beans

Apple Flapjack

3

Week Two: 20 Apr | 11 May | 8 Jun | 29 Jun | 31 Aug | 21 Sep | 12 Oct — Fresh Fruit Available Daily

Monday

**Vegan Cheese and Tomato Pasta Bake**

or

Tex Mex Chilli with Steamed Rice (Ve)

or

Jacket Potato with Baked Beans **and/or Vegan Cheese**

served with Peas and Sweetcorn

**Homemade Banana Muffin**

Tuesday

**'Hot Dog' Plant Sausage in Homemade Roll** with Potato Wedges and Tomato Dip

or

Jacket Potato with Baked Beans **and/or Vegan Cheese**

served with Mixed Salad

Shortbread

Wednesday

**Plant Sausages with Mashed Potato and Gravy**

or

Jacket Potato with Baked Beans **and/or Vegan Cheese**

served with Broccoli and Carrots

**Apple Crumble**

Thursday

**Vegetarian Taco with Steamed Rice**

or

Jacket Potato with Baked Beans **and/or Vegan Cheese**

served with Sweetcorn

**Homemade Oaty Cookie**

Friday

**Garden Vegetable Goujons and Chips**

or

Jacket Potato with Baked Beans **and/or Vegan Cheese**

served with Peas **or** Baked Beans

**Shortbread** with Orange Wedges

Week Three: 27 Apr | 18 May | 15 Jun | 6 Jul | 7 Sep | 28 Sep | 19 Oct — Fresh Fruit Available Daily

