

Plant-Based Packed Lunch Menu

Spring/Summer



1

Monday

Plant-Powered Sausage Sandwich

Salad Sticks

Orange Wedges

Homemade Summer Berry Cupcake

Tuesday

Vegan Cheese Sandwich

Pizza Finger (with Vegan Cheese)

Sultanas

Iced Fruit Smoothie

Wednesday

Tomato Pasta with **Vegan Cheese**

Salad Sticks

Orange Wedges

Homemade Cocoa Cake

Thursday

Tomato Pasta with **Vegan Cheese**

Salad Sticks

Sultanas

Fruit Jelly

Friday

Plant-Powered Sausage or Vegan Cheese Sandwich

Salad Sticks

Melon Wedge

Lemon Shortbread

Week One: 13 Apr | 4 May | 1 Jun | 22 Jun | 13 Jul | 14 Sep | 5 Oct

2

Monday

Plant-Powered Sausage Sandwich

Salad Sticks

Sultanas

Fresh Fruit Portion

Tuesday

Vegan Cheese Sandwich

Pizza Finger (with Vegan Cheese)

Orange Wedges

Marble Shortbread

Wednesday

Tomato Pasta with **Vegan Cheese**

Salad Sticks

Fruit Portion

Summer Berry and Apple Slice

Thursday

Tomato Pasta with **Vegan Cheese**

Salad Sticks

Fruit Portion

Homemade Orange Cupcake

Friday

Plant-Powered Sausages or Vegan Cheese Sandwich

Salad Sticks

Sultanas

Apple Flapjack

Week Two: 20 Apr | 11 May | 8 Jun | 29 Jun | 31 Aug | 21 Sep | 12 Oct

3

Monday

Plant-Powered Sausage Sandwich

Salad Sticks

Sultanas

Homemade Banana Muffin

Tuesday

Vegan Cheese Sandwich

Salad Sticks

Sultanas

Shortbread

Wednesday

Tomato Pasta with **Vegan Cheese**

Salad Sticks

Melon Wedge

Flapjack

Thursday

Tomato Pasta with **Vegan Cheese**

Salad Sticks

Sultanas

Homemade Oaty Cookie

Friday

Plant-Powered Sausage or Vegan Cheese Sandwich

Salad Sticks

Orange Wedges

Shortbread

Week Three: 27 Apr | 18 May | 15 Jun | 6 Jul | 7 Sep | 28 Sep | 19 Oct

