



Fresh Ideas Feeding Minds



Allergen Aware Packed Lunch Menu



NON-DAIRY | NON-EGG | NON-GLUTEN | NON-SOYA | NON-NUTS | NON-PEANUTS | NON-CELERY | NON-MUSTARD | NON-LUPIN



NON-SESAME SEEDS | NON-CRUSTACEANS | NON-MOLLUSCS

Spring/Summer

Our Allergen Aware Menu is **FREE** from most of the top 14 legal allergens and is closely aligned to the Primary School Packed Lunch Menu

1

Monday

Tuesday

Wednesday

Thursday

Friday

Ham, Tuna (no Mayo) or Cheese Roll

Salad Sticks

Orange Wedges

Homemade Summer Berry Cupcake

Ham, Tuna (no Mayo) or Cheese Roll

Pizza Finger

Sultanas

Iced Fruit Smoothie

Cheese and Tomato Pasta

Salad Sticks

Orange Wedges

Homemade Cocoa Cake

Cheese and Tomato Pasta

Salad Sticks

Sultanas

Fruit Jelly

Ham, Tuna (no Mayo) or Cheese Roll

Salad Sticks

Melon Wedge

Homemade Lemon Shortbread

Week One: 13 Apr | 4 May | 1 Jun | 22 Jun | 13 Jul | 14 Sep | 5 Oct

2

Monday

Tuesday

Wednesday

Thursday

Friday

Ham, Tuna (no Mayo) or Cheese Roll

Salad Sticks

Sultanas

Fruit Portion

Ham, Tuna (no Mayo) or Cheese Roll

Pizza Finger

Orange Wedges

Homemade Marble Shortbread

Cheese and Tomato Pasta

Salad Sticks

Fruit Portion

Summer Berry and Apple Slice

Cheese and Tomato Pasta

Salad Sticks

Fruit Portion

Homemade Orange Cupcake

Ham, Tuna (no Mayo) or Cheese Roll

Salad Sticks

Sultanas

Homemade Apple Flapjack

Week Two: 20 Apr | 11 May | 8 Jun | 29 Jun | 31 Aug | 21 Sep | 12 Oct

3

Monday

Tuesday

Wednesday

Thursday

Friday

Ham, Tuna (no Mayo) or Cheese Roll

Salad Sticks

Sultanas

Homemade Banana Muffin

Ham, Tuna (no Mayo) or Cheese Roll

Salad Sticks

Sultanas

Homemade Shortbread

Cheese and Tomato Pasta

Salad Sticks

Melon Wedge

Homemade Flapjack

Cheese and Tomato Pasta

Salad Sticks

Sultanas

Homemade Oaty Cookie

Ham, Tuna (no Mayo) or Cheese Roll

Salad Sticks

Orange Wedges

Homemade Shortbread

Week Three: 27 Apr | 18 May | 15 Jun | 6 Jul | 7 Sep | 28 Sep | 19 Oct



norse group

Please note: Whilst every precaution has been taken to avoid cross contamination. No guarantee can be given for the absence of allergens.